

## ABSTRACT

Methods are provided for readily and efficiently determining resonant frequencies that can be used therapeutically, for stimulation and/or debilitation of specific types of DNA and/or RNA, genes and gene sections, atoms and molecules, and/or living tissue, in a variety of settings surrounding microbiological and biochemical events, including treatment of various human and animal diseases and conditions, agriculture, water systems, food processing systems, and others. Methods allow determination of therapeutic resonant frequencies for use in various media having different refractivities. Therapeutic resonance frequencies thus determined are adapted for use with currently available frequency-emitting devices by translating resonant frequencies to electromagnetic ranges capable of generation by such devices.

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